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Lower Limb anatomy Mcqs, Nishkar Jen, 23

9. The Answer is D. To avoid damaging the sciatic nerve during an intramuscular injection, the clinician should insert the needle in the upper lateral quadrant of the gluteal region. The inserted needle in the lower medial quadrant may damage the pudendal and sciatic nerves. The inserted needle midway between the ischial tuberosity and the lesser trochanter may damage the sciatic and posterior femoral cutaneous nerves on the quadratus femoris. The inserted needle over the sacrotuberous ligament may damage the pudendal nerve and vessels.

10. The Answer is E. The tensor fasciae latae can flex and medially rotate the thigh, so this is the muscle most likely damaged. The hamstring muscles (semitendinosus, semimembranosus, and biceps femoris) can extend the thigh and flex the leg. The sartorius can flex the thigh and leg. The rectus femoris can flex the thigh and extend the leg. The vastus intermedius can extend the leg.

Questions 11-20

11. A 21-year-old man was involved in a motorcycle accident, resulting in destruction of the groove in the lower surface of the cuboid bone. Which of the following muscle tendons is most likely damaged?
(A) Flexor hallucis longus
(B) Peroneus brevis
(C) Peroneus longus
(D) Tibialis anterior
(E) Tibialis posterior

12. A construction worker falls feet first from a roof. He sustains a fracture of the groove on the undersurface of the sustentaculum tali of the calcaneus bone. Which of the following muscle tendons is most likely torn?
(A) Flexor digitorum brevis
(B) Flexor digitorum longus
(C) Flexor hallucis longus
(D) Flexor hallucis longus
(E) Tibialis posterior

13. A thoracic surgeon is going to collect a portion of the greater saphenous vein for coronary bypass surgery. He has observed that this vein runs:
(A) Posterior to the medial malleolus
(B) Into the popliteal vein
(C) Anterior to the medial condyles of the tibia and femur
(D) Superficial to the fascia lata of the thigh
(E) Along with the femoral artery

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